FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. *See* Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Ty	pe Response	s)		1								1				
Name and Address of Reporting Person* Nze-Bekale Fabrice				2. Issuer Name and Ticker or Trading Symbol VAALCO ENERGY INC /DE/ [EGY]						5. Relationship of Reporting Person(s) to Issuer (Check all applicable) _X_ Director						
(Last) (First) (Middle) 9800 RICHMOND AVE STE 700			3. Date of Earliest Transaction (Month/Day/Year) 06/02/2022						Office	er (give title belo	ow)	Other (specify b	elow)			
(Street) HOUSTON, TX 77042-4685				4. If Amendment, Date Original Filed(Month/Day/Year)						6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person						
(City		(State)	(Zip)	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Ow						Owned						
1.Title of Security (Instr. 3)			2. Transaction Date (Month/Day/Year)			(Instr. 8)		etion			of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s)			Ownership of Form:	Beneficial
				(Month/I	Oay/Yea		Code	v	Amount	(A) or (D)	Price				Ownership (Instr. 4)	
Common	ommon Stock 06		06/02/2022				A		10,229 A	A	\$ 0	10,229		I	D	
			Table II - 1				cquire	d, Di	sposed of	f, or Ben	ieficia	lly Owned		trol numbe	r.	
Security	2. Conversion or Exercise Price of Derivative Security		3A. Deemed Execution Da	Cod	nsaction le	5. Num of	ber vative rities pired or osed 0)	6. Da and I	converting te Exercing Expiration (http://www.nth/Day/Y	sable n Date	7. T Am Und Sec	Fitle and count of derlying curities str. 3 and		9. Number of Derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	Ownersh Form of Derivati Security Direct (I or Indire	Beneficia Ownersh (Instr. 4)

Reporting Owners

	Relationships					
Reporting Owner Name / Address	Director	10% Owner	Officer	Other		
Nze-Bekale Fabrice 9800 RICHMOND AVE STE 700 HOUSTON, TX 77042-4685	X					

Signatures

/s/Fabrice Nze-Bekale by Michael G. Silver as Attorney-in-Fact	06/06/2022
**Signature of Reporting Person	Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- Represents shares of restricted stock of VAALCO Energy, Inc. (the "Issuer") granted to the reporting person on June 2, 2022 (the "Grant Date"). All of the shares vest on the earlier of (i) the first anniversary of the Grant Date or (ii) the first annual meeting of stockholders of the Issuer following the Grant Date (but, in either case, not less than fifty (50) weeks following the Grant Date); provided, that the reporting person is then, and continuously from the Grant Date has been, an outside director of the Issuer and has not been terminated from service from the Issuer's board of directors on such vesting date.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.