FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL						
OMB Number:	3235-0287					
Estimated average	burden					
houre par rosponso	0.5					

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. *See* Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

e Responses)																
1. Name and Address of Reporting Person* FAWTHROP ANDREW LAWRENCE			2. Issuer Name and Ticker or Trading Symbol VAALCO ENERGY INC /DE/ [EGY]									5. Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner				
9800 RICHMOND AVE., SUITE 700 (Middle)				3. Date of Earliest Transaction (Month/Day/Year) 03/11/2022								Officer (give title below) Other (specify below)				
(Street) HOUSTON, TX 77042				4. If Amendment, Date Original Filed(Month/Day/Year)							_X_ F	6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person _Form filed by More than One Reporting Person				
(City) (State) (Zip)				Table I - Non-Derivative Securities Acqu							Acquired,	ired, Disposed of, or Beneficially Owned				
1.Title of Security (Instr. 3)		2. Transaction Date (Month/Day/Year)	Execution Execut	Execution Date, is any		(Instr. 8)		(A)			(D) Owned Followi Transaction(s)				Form:	7. Nature of Indirect Beneficial
				(Month/Day/Year)		Code	e V	' Am		(A) or (D)	Ì	(Instr. 3 and 4)			or Indirect (I)	Ownership (Instr. 4)
Stock		03/11/2022				M		93,	190	Δ Ι΄	13.81	3,811,952		11,952 D		
Stock		03/11/2022				F		14,	393	1)	367	367,559		D		
		Table II -					a cu iired, E	ırrentl Dispose	y vali d of, o	or Benefi	control nu	mber.	nless the t	form displa	ys	
Price of Derivative	3. Transaction Date (Month/Day/Year)	any	4. Transac Code	stion of School	. Numl f Deriv ecuriti cquire r Dispo f (D)	ber vative (A) (A) (B) (B) (B) (B) (B) (B) (B) (B) (B) (B		Exercisable and 7. To of U Sect (Inst		7. Title and of Underly Securities	7. Title and Amount of Underlying Securities (Instr. 3 and 4) Amount or		Derivative Securities	Owners Form of Derivat Security	Beneficial Ownership (Instr. 4)	
					nstr. 3 nd 5)]		able	Expir Date		Title	or		Reported Transaction (Instr. 4)	or Indir	ect
	Address of FOP ANDRESS OF ANDRESS	Address of Reporting Person* OP ANDREW LAWRENG (First) HMOND AVE., SUITE 70 (Street) N, TX 77042 (State) Currity 2. (State) Conversion or Exercise Price of Derivative 3. Transaction Date (Month/Day/Year)	Address of Reporting Person* OP ANDREW LAWRENCE (First) (Middle) HMOND AVE., SUITE 700 (Street) N, TX 77042 (State) (Zip) Curity 2. Transaction Date (Month/Day/Year) Stock 03/11/2022 Stock 03/11/2022 Exercise Price of Derivative And Date (Month/Day/Year) Table II - 2. Table II - (Month/Day/Year)	Address of Reporting Person* OP ANDREW LAWRENCE (First) (HMOND AVE., SUITE 700 (Street) N, TX 77042 (State) (Zip) Curity 2. Transaction Date (Month/Day/Year) Stock 03/11/2022 Stock 03/11/2022 Table II - Derivate (e.g., pu (Month/Day/Year) 2. Transaction Date (instr. 8 Table II - Derivate (instr. 8 Transaction Date (instr. 8) (Instr. 8	Address of Reporting Person — OP ANDREW LAWRENCE VAALCO EXTENSION (First) (Middle) (Address of Reporting Person* OP ANDREW LAWRENCE (First) (Middle) (Street) N, TX 77042 (State) (State) (Zip) 2. Issuer Name and VAALCO ENERGY (Middle) (Street) 4. If Amendment, Dat N, TX 77042 (State) (Zip) 2. Transaction Date (Month/Day/Year) (Month/Day/Year) Stock 03/11/2022 Stock 03/11/2022 Table II - Derivative Securities beneficially owned direction or Exercise (Month/Day/Year) 2. Table II - Derivative Securities beneficially owned direction or Exercise (Month/Day/Year) 3. Date of Earliest Tra 03/11/2022 2. Transaction Date (e.g., puts, calls, war of Date (Month/Day/Year) 3. Deemed Execution Date, if (e.g., puts, calls, war of Derivative Securities denoted (Instr. 8) 4. S. Num Transaction Code (Instr. 8) 6. Securities Denote (Instr. 8) 7. S. Num Transaction Code (Instr. 8) 8. S. 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Num Transaction Code (Instr. 8)	Address of Reporting Person.* OP ANDREW LAWRENCE (First) (First) (Street) (Street) (Street) (State) (Zip) (State) (Zip) (Month/Day/Year) (Month/Day/Year) (Month/Day/Year) (Month/Day/Year) (Code (Instr. 8) (e.g., puts, calls, warrants, and code (Code Securities Price of Derivative Security (Month/Day/Year) (Instr. 8) (Instr. 8) (Instr. 8) (Instr. 8) Acquired (A) or Disposed of (D)	Address of Reporting Person* OP ANDREW LAWRENCE (First) (HMOND AVE., SUITE 700 (Street) (Street) (State) (State) (Zip) (Zip) (State) (Zip) (Anderso of Earliest Transaction (Monogon 203/11/2022 (State) (Zip) (State) (Zip) (State) (Zip) (Zip) (Anderso of Earliest Transaction (Monogon 203/11/2022 (State) (Zip) (Anderso of Earliest Transaction (Monogon 203/11/2022 (State) (Zip) (Anderso of Earliest Transaction (Monogon 203/11/2022 (State) (Zip) (Zip) (Zip) (Zip) (Anderso of Earliest Transaction (Monogon 203/11/2022 (Anderso of Execution Date, if One Exercise (Month/Day/Year) (Month/Day/Year) (Anderso of Earliest Transaction (Monogon 203/11/2022 (Anderso of Execution Date, if One Execution Date	Address of Reporting Person* OP ANDREW LAWRENCE (First) (Middle) (Street) (Street) (Street) (Street) (State) (A) (A) (State) (Code (A) (Inst. 8) (Ins	Address of Reporting Person — OP ANDREW LAWRENCE	Address of Reporting Person OP ANDREW LAWRENCE (First) (Middle) (Street) (Street) (Street) (State) (Zip) (State) (A) Deemed (Instr. 8) (Instr. 8) (Instr. 8) (Instr. 8) (A) or (A) or (A) or (A) or (A) or (Code (Instr. 8) (Instr. 3, 4 and 5) (A) or (D) (A) or (Address of Reporting Person DOP ANDREW LAWRENCE OP ANDREW LAWRENCE (First) (HMOND AVE., SUITE 700 (Street) (Street) (Street) (State) (Zip) Table I - Non-Derivative Securities Acquired, Date (Month/Day/Year) (Month/Day/Year) (Month/Day/Year) (Stock) 2. 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If Amendment, Date Original Filed(Month/Day/Year) O3/11/2022 (State) (State) (State) (State) (State) (State) (Zip) Table I - Non-Derivative Securities Acquired, Disposed of (D) (Instr. 3, 4 and 5) (Month/Day/Year) (Month/Day/Year) (Month/Day/Year) (A) or Disposed of (D) (Instr. 3, 4 and 5) (Instr. 3 and 4) (A) or Disposed of (D) (Instr. 3 and 4) (A) or Disposed of (D) (Instr. 3 and 4) (A) or Disposed of (D) (Instr. 3 and 4) (A) or Disposed of (D) (Instr. 3 and 4) (A) or Disposed of (D) (Instr. 3 and 4) (A) or Disposed of (D) (Instr. 3 and 4) (A) or Disposed of (D) (Instr. 3 and 4) (A) or Disposed of (D) (Instr. 3 and 4) (A) or Disposed of (D) (Instr. 3 and 4) (A) or Disposed of (D) (Instr. 3 and 4) (A) or Disposed of (D) (Instr. 3 and 4) (A) or Disposed of (D) (Instr. 3 and 4) (A) or Disposed of (D) (Instr. 3 and 4) (A) or Disposed of (D) (Instr. 3 and 4) (A) or Disposed of (D) (Instr. 3 and 4) (A) or Disposed of (D) (Instr. 3 and 4) (A) or Disposed of (D) (Instr. 3 and 4) (A) or Disposed of (D) (Instr. 3 and 4) (A) or Disposed of (D) (Instr. 3 and 4)	Address of Reporting Person OP ANDREW LAWRENCE (First) (Street) (Street) (State) (A) (A) (Brightification (Month/Day/Year) (Brightification (Month/Day/Year) (Brightification	Address of Reporting Person.* OP ANDREW LAWRENCE OP ETSON WORTH OF THE SHORT OF THE SH	Address of Reporting Person* OP ANDREW LAWRENCE VAALCO ENERGY INC /DE/ [EGY] 3. Date of Earliest Transaction (Month/Day/Year) O3/11/2022 4. If Amendment, Date Original Filed(Month/Day/Year) O3/11/2022 4. If Amendment, Date Original Filed(Month/Day/Year) O3/11/2022 6. Individual or Joint/Group FilingCheck Applicable Line, X, Form filed by One Reporting Person Form filed by More than One Reporting Person Form filed by More than One Reporting Person Ownership

Reporting Owners

	Relationships					
Reporting Owner Name / Address	Director	10% Owner	Officer	Other		
FAWTHROP ANDREW LAWRENCE 9800 RICHMOND AVE. SUITE 700 HOUSTON, TX 77042	X					

Signatures

/s/Andrew L. Fawthrop by Michael G. Silver as Attorney-in-Fact	03/15/2022
**Signature of Reporting Person	Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.