UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

FORM 8-K

CURRENT REPORT
Pursuant to Section 13 or 15(d)
of the Securities Exchange Act of 1934

Date of Report (Date of earliest event reported): December 31, 2013

VAALCO Energy, Inc.

(Exact name of registrant as specified in is charter)

Delaware (State or other jurisdiction of incorporation) 001-32167 (Commission File Number) 76-0274813 (IRS Employer Identification No.)

4600 Post Oak Place, Suite 309 Houston, Texas 77027 (Address, including zip code, of principal executive offices)

Registrant's telephone number, including area code: (713) 623-0801

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions:	
	Written communication pursuant to Rule 425 under the Securities Act (17 CFR 230.425)
	Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)
	Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))
	Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))

Section 5 — Corporate Governance and Management

Item 5.02. Departure of Directors or Certain Officers; Election of Directors; Appointment of Certain Officers; Compensatory Arrangements of Certain Officers.

Mr. Luigi P. Caflisch has notified the Board of Directors of VAALCO Energy, Inc. (the "Company") of his decision to resign, effective December 31, 2013. Mr. Caflisch's decision was not in connection with any disagreement with the Company, but rather for personal reasons.

Section 7 — Regulation FD

Item 7.01. Regulation FD Disclosure.

On December 31, 2013, the Company issued a press release announcing the decision of Mr. Caflisch to resign. A copy of the press release is furnished as Exhibit 99.1 hereto and is incorporated herein by reference.

The information set forth in the attached Exhibit 99.1 shall not be deemed "filed" for purposes of Section 18 of the Securities Exchange Act of 1934, as amended (the "Exchange Act"), or incorporated by reference in any filing under the Securities Act of 1933, as amended, or the Exchange Act, except as shall be expressly set forth by specific reference in such filing.

Section 9 — Financial Statements and Exhibits

Item 9.01. Financial Statements and Exhibits.

(d) Exhibits.

Exhibit Number Description

99.1 Press Release dated December 31, 2013.

SIGNATURE

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

VAALCO ENERGY, INC.

Dated: December 31, 2013 By: /s/ Robert L. Gerry, III

Robert L. Gerry, III Chairman

Exhibit Index

Exhibit Number Description

99.1 Press Release dated December 31, 2013.



VAALCO ENERGY ANNOUNCES DIRECTOR RESIGNATION

HOUSTON, TEXAS – December 31, 2013 – VAALCO Energy, Inc. ("VAALCO") (NYSE: EGY) today announced that one of its directors, Mr. Luigi P. Caflisch, has informed the Board of Directors that he has decided to resign for personal reasons, effective December 31, 2013. Mr. Caflisch has served on VAALCO's board since 2005 and currently serves as a member of the Board's Audit, Compensation, and Nominating and Corporate Governance Committees.

"Luigi Caflisch has served our Board with distinction and we are grateful for his dedication to VAALCO and its shareholders," said Robert Gerry, Chairman of the Board. "His independent leadership and expertise have contributed to our success, and on behalf of our Board of Directors and the Company, I want to thank him for his dedication and service to VAALCO. We wholeheartedly wish him well."

About VAALCO

VAALCO Energy, Inc. is a Houston based independent energy company principally engaged in the acquisition, exploration, development and production of crude oil. VAALCO's strategy is to increase reserves and production through the exploration and exploitation of oil and natural gas properties with high emphasis on international opportunities. The company's properties and exploration acreage are located primarily in Gabon and Angola, West Africa.

Investor Contact Gregory R. Hullinger Chief Financial Officer 713-623-0801 Media Contact Tim Lynch / Jed Repko Joele Frank, Wilkinson Brimmer Katcher 212-355-4449