

UNITED STATES
SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549

FORM 8-K

CURRENT REPORT
Pursuant to Section 13 OR 15(d) of the Securities Exchange Act of 1934

Date of Report (Date of earliest event reported) May 7, 2007

VAALCO Energy, Inc.

(Exact name of registrant as specified in its charter)

Delaware

(State or other jurisdiction of incorporation)

0-20928

(Commission File Number)

76-0274813

(I.R.S. Employer Identification No.)

4600 Post Oak Place, Suite 309

(Address of principal executive offices)

77027

(Zip Code)

Registrant's telephone number, including area code 713-623-0801

(Former name or former address, if changed since last report.)

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions:

- Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)
- Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)
- Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))
- Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))

Item 8.01 Other Events

On May 7, 2007, VAALCO Energy, Inc. announced the first quarter 2007 conference call.

Item 9.01 Financial Statements and Exhibits.

(d) Exhibits

99.1 Press Release issued by VAALCO Energy, Inc., on May 7, 2007.

Signature

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

VAALCO ENERGY, INC.

May 9, 2007

By: /s/ W. Russell Scheirman
W. Russell Scheirman
President and Chief Financial Officer

VAALCO Energy Announces First Quarter Conference Call

Monday May 7, 12:25 pm ET

HOUSTON, May 7 /PRNewswire-FirstCall/ -- VAALCO Energy, Inc., (NYSE: EGY - News) announced today it will host an investor conference call on Thursday, May 10, 2007, at 10:00 a.m. Central time to review its financial results for the first quarter, discuss current operations and describe the outlook for the company. The Company will release its first quarter 2007 financial results after the close of the market on May 9, 2007.

On the day of the conference call, participants should dial 1-866-868-1109 (international callers dial 1-847-413-2404) ten minutes before the scheduled start of the call, and enter pass code 17822171. A replay will be available beginning one hour after the end of the conference call until June 9, 2007 by dialing 1-877-213-9653 (international callers dial 1-630-652-3041) and entering pass code 17822171.

VAALCO Energy, Inc. is a Houston-based independent energy company principally engaged in the acquisition, exploration, development and production of crude oil. VAALCO's strategy is to increase reserves and production through the exploration of oil and natural gas properties with high emphasis on international opportunities. The company's properties and exploration acreage are located primarily in Gabon and Angola, West Africa.

Source: VAALCO Energy, Inc.
