



VAALCO ENERGY SCHEDULES THIRD QUARTER 2009 EARNINGS CONFERENCE CALL

HOUSTON – November 5, 2009 – VAALCO Energy, Inc. (NYSE: EGY) today announced that it will hold a conference call to discuss its third quarter 2009 results on November 10, 2009 at 9:00 a.m. Central Time (10:00 a.m. Eastern Time). Interested parties may participate by dialing 1 (800) 230-1085. International parties may dial 1 (612) 288-0340. The confirmation code is 121901. This call will also be webcast on VAALCO's web site at www.vaalco.com.

An audio replay will be available beginning approximately one hour after the end of the conference call through December 10, 2009 on the Company's website and by dialing 1 (800) 475-6701. International parties may dial 1 (320) 365-3844. The confirmation code is 121901.

About VAALCO

VAALCO Energy, Inc. is a Houston, Texas based independent energy company principally engaged in the acquisition, exploration, development and production of crude oil. VAALCO's strategy is to increase reserves and production through the exploration and exploitation of oil and natural gas properties with high emphasis on international opportunities. The Company's properties and exploration acreage are located primarily in Gabon and Angola, West Africa.

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